

Abstract

The relationship between childhood attachment, current parent and peer relationship and well-being : psychological health, self esteem and life satisfaction was investigated. Subjects were 290 university students in Hong Kong. 5 different scales were used and the results show that childhood attachment is positively correlated to current family relationship but not peer relationship. Further, both kinds of current relationship were correlated to the three factors in well-being. In the result of hierarchical regression, it is find that childhood attachment only has a indirect relationship with self concept and life satisfaction. It implies that current family relationship served as a mediator in between the two. The importance of the quality of current relationships cannot be overlook.